

Senate Committee on Health and Human Services

Hearing on Interim Charge 7 on Obesity

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Stark Diabetes Center Community Prevention and Control Program

- OBJECTIVES

- Improve quality of life for Texans

- Transition from a healthcare system based on expensive, technically complex treatments to a model of care focused on prevention and control:

 physical activity, nutrition, life-style

- Reduce health disparities

- Save money for taxpayers

Strategy

- Partnerships
 - Texas Diabetes Council
 - Texas Department of State Health Services (DSHS)
 - Texas Legislature
 - UT Academic Medical Centers (UT Houston)
 - Communities in 4 Texas Counties: Webb, Cameron, Nueces, Galveston
- Stark Community Outreach Program has evolved into the University of Texas Community Outreach Program (UTCOP)

UTCO Program Activities

- Identify communities that want help with diabetes
- Screening, monitoring and education by community health workers and nurses
- Access to primary care clinicians
- Empowering the community to take control of health and lifestyle services and resources



 UTMB

Stark Diabetes Center

UTCO Program Evaluation

- Measure Activities
 - Education classes
 - Physical activities
 - Nutritional activities
- Return on Investment to Texas taxpayers
 - \$6M state legislature appropriation to DSHS in Oct, 2009
 - Based on 20,000 people served in UTCO program,
save \$3.3M every 12 months
 - “Side effect” of employment of 32 local individuals

Future:

Improve the Quality of Life for More Texans

- Expand emphasis on obesity in current activities
- Generate additional appropriations to:
 - Specifically target children
 - Specifically target people with obesity that do not have diabetes
 - Add new counties to the UTCO Program
- Partner with additional academic medical centers

Contact Information

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UTCO Program

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